



MARTINSTOWN LODGE
A PROFESSIONAL HAVEN FOR YOUR DEVELOPMENT

Team Development



**Work as a team with
our horses on the
ground in a very
dynamic, innovative
and impactful way.**

WHAT IS IT ALL ABOUT?

This workshop is for you if you want to develop resilient high performing teams. We have developed bespoke workshops based on real play, not role play! We work with horses on the ground in a very dynamic, innovative and impactful way. Horses naturally work as part of a team. We will work with them during this workshop to optimise working as a team. This form of learning is proven to be highly effective and will help you connect and develop as a team.

NO HORSE EXPERIENCE IS REQUIRED AND NO HORSE RIDING IS INVOLVED

CONNECT WITH US



Email: info@martinstownlodge.ie
Mobile: **+353 89 2585452**
Web: www.martinstownlodge.ie



Martinstown Lodge,
Athboy, Co Meath C15 HR13 Ireland



@martinstownlodge



It will challenge you, in a safe and non-judgemental way, to get out of your comfort zone

WHAT OUTCOMES CAN I EXPECT?

Our team development delivers tangible and sustainable results. A unique experience that is proven to have a longer-term impact on recall and learning. It also some time away from the norm, acting as a circuit breaker from your daily stresses. It will challenge you, in a safe and non-judgemental way, to get out of your comfort zone. The workshops will deliver on multiple outcomes including:

- ★ **increased self-awareness of how you work within a team**
- ★ **improved effective communication skills within the team**
- ★ **building trust and respect within the teams**
- ★ **guaranteed fun, relaxation and powerful learning experience, a talking point for years to come!**

WHY HORSES?

- ★ **horses have evolved over the last 80 million years as highly effective teachers of authentic and compassionate leadership.**
- ★ **mirroring how we communicate, they provide immediate honest non-judgemental way feedback**
- ★ **horses will let you know if your behaviour is delivering on your preferred outcomes**
- ★ **spending time with our horses in the countryside has an inspirational effect and accelerates learning**

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